



www.ItaliaSpeciale.com

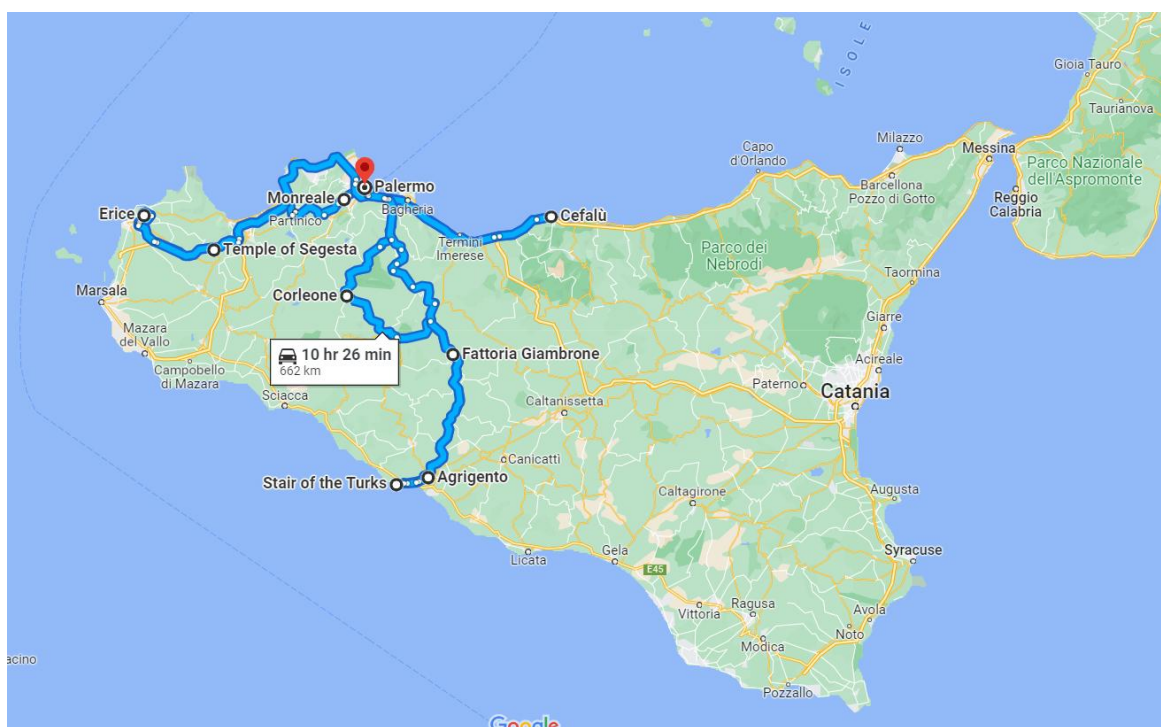
Western Sicily Discovery Experience

History, Culture & Flavours of Western Sicily

www.ItaliaSpeciale.com

History | Art | Culture | Cookery | Foodie

8 Days / 7 Nights
(Sunday to Sunday)



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Western Sicily Discovery MasterExperience!

Programme & Itinerary

8 Days / 7 Nights

Date.....

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DAY ONE – Sunday

Welcome to Sicily! Palermo

- **11:00am:** Arrival and meet up at **Palermo Airport**
- Transfer to your accommodation in the very heart of Palermo welcomed by your Hosts
- Accommodation **included** in the heart of Palermo:
 - *InSuite Palermo Luxury Apartments:* <https://www.palermoinsuite.com/>
(Accommodation: Double Rooms, Twin Rooms & Doubles for Single Use)
- Alternative accommodation in Palermo recommended by us and quoted separately:
 - *Hotel IBIS Style Palermo:* <https://www.presidenthotelpalermo.it/en/>
 - *Grand Hotel et Des Palmes:* <https://www.grandhotel-et-des-palmes.com/>
 - *Principe di Lampedusa* (<http://www.principedilampedusa.it/>)
 - *Villa Igiea:* <https://www.rocfortehotels.com/it/hotels-and-resorts/villa-igiea>
- Check in and time at leisure
- **19:30:** Dinner and evening in *Palermo* to discover our first Sicilian flavours and wines

DAY TWO – Monday

Monreale - Palermo Quarters & Foodie — Palermo by night

- **10:00am:** This morning, after breakfast, our journey of discovery starts with a guided walking experience and visit of **Monreale** and its stunning **Norman-Byzantine Cathedral**, a UNESCO World Heritage Site and an amazing example of that artistic and architectural fusion of cultures that Sicily is famous for
- **12:30:** Lunch in Monreale will be followed by a guided visit through the fascinating quarters of Palermo, a true cultural immersion in its history spanning over **2700 years!**
- Our walk will include Palermo's mesmerizing architecture and heritage from the *Phoenicians* to the *Romans*, from the *Byzantine* influence to its *Arab and Norman* domination
- **18:00:** Late afternoon *Aperitivo* followed by dinner in *Palermo* arranged by Guests or an evening at the *Opera* (dependant of the Theatre Season Calendar)

DAY THREE – Tuesday

Private Sicilian Cooking Class in Palermo with Markets – Palermo with Theatre option

- **10:30:** This morning, a very special treat...*sleeves up* for a **hands-on Cooking Masterclass** with *Chef* to disclose the some of the secrets behind a few Sicilian staple dishes!
- Let your Host guide you through the typical and **busy markets of Palermo** before moving on to your very own Cookery Masterclass
- Your class will cover the most delicious Sicilian preparations and recipes under the guidance of our **passionate** Chefs, followed by lunch to sample the fruits of our labour!
- **15:00:** After lunch, we would recommend time at leisure exploring Palermo, an *Art Gallery* or enjoy an opera or concert at the imposing *Teatro Massimo (dependant of the Theatre Season Calendar)*
- Evening at leisure and dinner in town arranged by Guests

DAY FOUR – Wednesday

Erice – Segesta & Temple – Palermo

- **09:30:** After breakfast, we set off to visit the fascinating village of **Erice**, where myth, history and culture blend both marvelously and mysteriously
- Our walk through Erice will guide us through the cobbled streets and alleys that inspired the poet *Virgil* for his poem *Aeneid*
- Visits will include Erice's fortified walls, quarters and churches and castles built in the most beautiful architectural variety, with special attention to the ***Spanish Quarter*** and the ***Norman Castle of Venus***, all overlooking stunning views
- **13:00:** visit to the woven carpet and artistic ceramic shops before lunch and then we carry on to reach the ancient town of **Segesta**
- *Segesta* offers an amazing glimpse into the culture of Ancient Greece through its impressive and well-preserved V-century BCE **Temple** and **Theatre**, a breathtaking leap into a glorious history
- Visit to the Temple and the archaeological site before heading back to Palermo
- Evening at leisure and dinner in Palermo arranged by Guests

DAY FIVE – Thursday

Cefalu' – Wine Tasting & Pairing - Palermo

- **10:00:** This morning we will reach the beautiful town of Cefalu', a concentration of history and beauty and a UNESCO world heritage site
- Suspended between the Tyrrhenian sea and the Madonie mountains, **Cefalù** is dominated by the imposing profile of La **Rocca**. It is one of the most evocative and mysterious corners of Sicily, but also **one of the most beautiful villages of Italy**, with its succession of alleys and medieval streets. will feature a guided visit through Agrigento's **Valley of the Temples**, a breathtaking visit of Sicily's most notable *Temples, Churches and Acropolis*
- **12:30:** Lunch will be in Cefalu' or nearby
- **15:00:** Return to Palermo featuring a special *en-route* **Wine Tasting** knowledgeably paired with local delicacies at a charming winery dating back to 1824
- **18:30:** Evening at leisure and dinner in Palermo arranged by Guests

DAY SIX – Friday

Corleone & Mafia Myth & Legend – Cooking Masterclass II – Agrigento ****Ferrari, Lamborghini & Maserati Option****

- **09:30:** After breakfast, we say goodbye to our hosts in *Palermo* and start a very special day through Sicily
- **OPTION:** sit behind the wheel of our ***Ferrari, Lamborghini and Maserati*** to enjoy an epic drive today! Convoy will be entirely controlled by our pace vehicle for pure enjoyment and peace of mind! (Quoted separately)
- Our first destination is the famous (*or infamous?!*) town of **God Father** memory **Corleone** for a true in-depth experience of Sicily's *mafia* between myth, legend and reality
- Arrival in **Piazza Falcone Borsellino** to meet with our local guide and start our personal **Walking Tour**
- Introduction to Corleone's intriguing *Mafia* origins with several famous stops along our walk throughout its fascinating historical old town
- We will then take off on a panoramic drive to reach Corleone's highest mountain point and visits to several **Norman and Arab sites**
- Lunch will be at a local **Trattoria**, but our hosts will welcome us to a **Cooking Masterclass** that will feature Sicily's most traditional dishes!
- After lunch, we head towards the coast and reach **Agrigento**, among Sicily's most important cultural and historical experiences!
- A Greek settlement dating back millennia, *Agrigento* was among the wealthiest colonies of *Magna Graecia*
- Check-in at hotel followed by dinner and an evening walk through town arranged by Guests
 - **Hotel Exclusive Agrigento:** (<https://www.hotelexclusive.it/home-page-en.html>)

DAY SEVEN – Saturday

Agrigento & The Temple Valley – Sunset Boat Experience – Mediterranean Sea

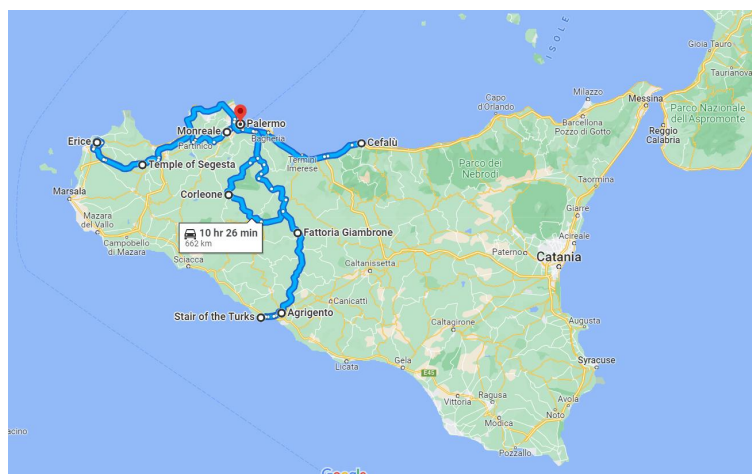
- **10:00:** This morning will feature a guided visit through Agrigento's *Valley of the Temples*, a breathtaking visit of Sicily's most notable *Temples, Churches and Acropolis*
- Lunch will be excellent fish caught locally at one of Agrigento's best restaurants, well known by the locals!
- **16:30:** short transfer to the nearby *port of San Leone* (12 minutes) for a real treat! **Sunset boat ride** along Sicily's Southern Coastline to explore the natural beauties in the fascinating light of this time of the day
- Our exploration will include the magnificent *Stair of the Turks* and *Realmonte* with a **chance to swim** in the crystal clear waters of the Mediterranean Sea
- **20:00:** Return to Agrigento and evening at leisure arranged by Guests

DAY EIGHT – Sunday

Cheese Making Experience & Agriturismo Lunch – Palermo Airport

- **09:30:** After breakfast, we leave *Agrigento* and reach a famous **Master Cheese Maker** who will be waiting for us to give us a taste (literally!) of what Sicilian cheeses are all about on the Western side of the island
- Our Hosts will welcome us to the farm and guide us through the organic cheese making process that has made the *Giambrone family* so well-known around the world!
- Lunch will feature a very delicate cheese tasting and local products from the farm and the surrounding villages for a very flavourful experience
- **15:00:** After lunch, departure to reach **Palermo Airport** (ETA 16:30/17:00)...*Arrivederci Sicily!*

Western Sicily Discovery Experience



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History, Culture & Flavours of Western Sicily

History | Art | Culture | Cookery | Foodie

Highlights & What's included for “Western Sicily Discovery Experience”

Western Sicily (8 days/7 nights): €3500 Eur pp

- **Guests: 2 to 7**
- All Transfers included by **Private Luxury Vehicles and Drivers**
- Starting point: Palermo Airport on Day One
- Ending point: Palermo Airport on Day Eight
- Fully escorted by our Leader and Hosts
- Accommodation 4S included (please note: **the venues listed might be subject to change**)
 - 5 nights in Palermo (*Palermo InSuite Luxury*: <https://www.palermoinsuite.com/>)
 - 2 nights Agrigento (*Oneira Rooms Agrigento*: <https://www.bedandbreakfast.eu/en/a/8484742/oneira-rooms/>)
- **Accommodation type: 4S Hotels, Luxury B&Bs and Special Venues.**
- **Guided walks and Cultural Experiences** arranged on a comfortable schedule and roll-out (private vehicle) with **personal Guides and Entrance Tickets included (pre-purchased).**
- Foodie Experiences as per the itinerary
- **2 Cookery Masterclasses** in Palermo and Corleone
- **Meals as per the program with wine & beverages included: All Lunches. Dinners as per the itinerary.** All restaurants and venues are highly selected and offer the most special **Abruzzo1 & ItaliaSpeciale Experiences!**
- **Ferrari, Lamborghini & Maserati Add-on: quoted upon request**

A word on Tipping

At **Italia Speciale and Abruzzo1** our mission is to assure only the best experiences possible around Abruzzo and Italy through our highly selected network of Partners and Hosts, all committed to delivering the highest standards of knowledge and service to our guests. We do this by nature and soul, as proud as we are of our proposals and our people. Tips are never expected and always come as a nice bonus for our partners.

A token of gratitude. Ideally your Host should collect **€95 eur** in cash per guest to cover all tips that deserve to be shared among all Partners.

Tips are not compulsory by any means, and should be given exclusively for high quality service.

Leonardo De Flaviis || ItaliaSpeciale.com

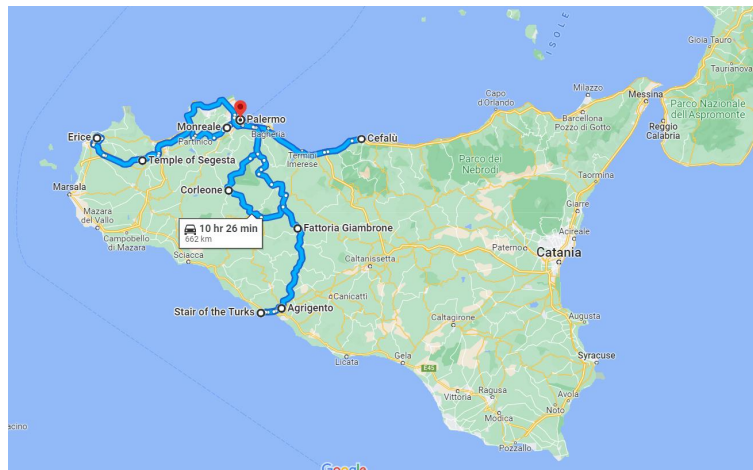
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8 Days / 7 Nights

History | Art | Culture | Cookery | Foodie

€3500 pp



BUSINESS ADDRESS

GlobalMente.biz SRLS
Via Gran Sasso, 25
65010 Spoltore (PE)
Italy
T: +39 328 4838954
E: info@GlobalMente.biz

BANK DETAILS for Bank Transfers

Name: GlobalMente.biz SRLS
Bank name: UniCredit (00789)
Address: Viale Abruzzo -66010 Chieti (Ch)
IBAN: IT20 H 0200 8155 0200 1037 08183
BIC/SWIFT: UNCRITM1789
Alternatively: UNICRITMM789 (dep on Bank)

BANK - FULL ADDRESS

UniCredit S.p.A.
00789 Chieti Viale Abruzzo
Viale Abruzzo, 281-287 - 66013
Chieti Scalo (CH) - Italy
T: +39 0871 076089
Fax +39 0871 530205

Please Note: €500 per person Euros in Cash required in Italy

Downpayment: €500 non-refundable deposit upon booking **OR** Utilizable within 6 months on any Abruzzo Experience at www.Abruzzo1.com

Payment options:

- Bank Transfer: Euros agreed amount (must clear in full)
- Credit Card
- Paypal: +4.5%
- Full Cash: €50 discount

OR Pay in €500 eur Installments over a 3-month period.

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 **Italia Speciale**
www.ItaliaSpeciale.com

Italia Speciale is pleased to welcome you to Italy! To ensure your comfort and security, please complete the below form and send via email to either Italia@ItaliaSpeciale.com or hello@Abruzzo1.com as soon as possible. **All information in this form will be treated in the strictest confidence.**

Individual Personal Information Form

Name:

DoB:

Email:

Mobile number:

Permanent Address:

Abruzzo & ItaliaSpeciale Experience of Interest: Western Sicily Discovery Experience

Dates of Interest:

Accommodation Details in Italy (where and if not arranged by us):

Details of Next of Kin

Name:

Relation to You:

Address:

Email:

Phone Number:

Will you have an International Phone & Data plan in Italy? Yes | No

Where would you prefer to be contacted?

WhatsApp | Telegram | Signal | Viber | Text | Email

Preferred Accommodation: Single, Twin, Double?

Preferred water: still or fizzy?

Medical & Dietary Requirements

Please list any medical conditions:

Please list any medication that you take:

Please list any foods that you cannot eat:

Please list anything else you feel the Organizers should be aware of:

Travel Details

Please provide full details, with dates and flight numbers, of your international transfers (below or separate attachment / email is also fine):

Are you travelling with a **partner/spouse/relative/friend** in the group? Please specify full Name.

Trivia: Favourite Song/s & Band/s ☺:

Photo Release

We occasionally like to use photographs of guests on holidays for promotional purposes. Is this Ok? **Yes** | **No**